WEEK 1: Understand the PM Role & Transferable Skills

Saturday

SIntroduction to Product Management

- What is product management?
- Role of a PM in a tech company
- Product lifecycle overview

Activity: Role-play — PM vs Engineering vs Design vs Business

Sunday

Your Superpowers as a Dentist

- Transferable skills from healthcare to product
- How PMs solve problems like doctors diagnose
- Activity: Case study walkthrough How a doctor could solve a user problem

WEEK 2: Problem Discovery & User Research



Defining Problems

- What is a problem statement?
- First principles thinking
- Activity: Reframe a clinical problem into a product problem

Sunday

Talking to Users

- Intro to user personas, JTBD framework, surveys & interviews
- Live role-play: Conducting a user interview
- Templates: Interview script + Notion doc for synthesis

WEEK 3: Solutioning & MVP Thinking



 Activity: Define MVP features for 1 of your ideas

WEEK 4: Execution Basics & Agile

Saturday

Product Development Process

- Agile, Scrum, Sprints
- Writing Epics, Stories, Acceptance Criteria
- Activity: Break your MVP into user stories

Sunday

Prioritization &Stakeholder Management

- Prioritization techniques (ICE, RICE, MoSCoW)
- Stakeholder mapping for healthcare startups
- Activity: Simulate stakeholder conflict resolution

WEEK 5: Metrics & Communication



WEEK 6: Career Transition & Final Presentations

Saturday

Resume + LinkedIn for Non-traditional PMs

- Rewrite your resume for PM roles
- Highlighting healthcare experience
- Activity: Resume teardown + peer review

Sunday

Capstone Presentations + AMA

- Final project presentations (5-min pitch per participant)
- Live feedback panel: Invite a guest PM from a health-tech startup
- AMA session: Transition, interviews, mindset